# **D-Reach**

# Composition

D-Reach 20000 IU Capsule: Each capsule contains cholecalciferol USP 20000 IU. D-Reach 40000 IU Capsule: Each capsule contains cholecalciferol USP 40000 IU.

### Pharmacology

D-Reach is a preparation of cholecalciferol (Vitamin  $D_3$ ). Vitamin  $D_3$  helps for the absorption & reabsorption of calcium & phosphorous. Vitamin  $D_3$  is essential for normal bone growth & to maintain bone density. It also reduces the severity of bacterial infection, improves lung function, prevents the risk of cancer (breast, colorectal) & helps to maintain adequate insulin levels for type 2 diabetes patients.

### Indication

D-Reach is indicated in the treatment & prevention of Vitamin  $D_3$  deficiency. It is also indicated as an adjunct to specific therapy for osteoporosis in patients with Vitamin  $D_3$  deficiency.

# **Dosage & Administration**

### Adults:

*Prevention of vitamin*  $D_3$  *deficiency:* 20000 IU in every 4 weeks. Higher doses may be required in certain situations.

*Treatment of vitamin*  $D_3$  *deficiency:* 40000 IU in once weekly for 7 weeks. Doses for maintenance therapy is 1400-2000 IU/day. To confirm the target level of 25-hydroxy D, measurement of it should be determined 3-4 months after initiating the maintenance therapy.

Addition to specific therapy for osteoporosis: 20000 IU (1 capsule) once a month.

### Children (12-18 years):

20000 IU every 6 weeks for prevention of vitamin  $D_3$  deficiency 20000 IU once every 2 weeks for 6 weeks for treatment

Contraindication

It is contraindicated in patients with known hypersensitivity to Vitamin D<sub>3</sub>.

# Precaution

It should be used with caution in patients with impaired renal function.

# Side Effects

The general side effects are hyperclacaemia, hypercalciuria, skin rash, pruritus, urticaria, nausea, abdominal pain.

# Use in Pregnancy & Lactation

This high strength formulation is not recommended in pregnancy & lactation.

# **Drug Interaction**

It interferes with phenytoin, barbiturates, glucocorticoids, certain laxative (such as liquid paraffin), actinomycin and imidazole antifungal agents.

#### Overdose

Overdose can lead to hyper-vitaminosis, hypercalciuria and hypercalcaemia.

#### Storage

Keep below 30° C temperature, protected from light & moisture. Keep out of the reach of children.

#### Packaging

D-Reach 20000 IU Capsule: Each Box contains 10 Capsules in Alu-Alu blister pack.

D-Reach 40000 IU Capsule: Each Box contains 10 Capsules in Alu-Alu blister pack.



Manufactured by Apex Pharma Limited Shafipur, Kaliakair, Gazipur, Bangladesh